

**FOUR WELLS GROUP**  
**GRWP Y FFYNHONNAU** Web Site: [fourwells.powysramblers.org.uk](http://fourwells.powysramblers.org.uk)  
**2012 SPRING WALKS PROGRAMME**



| Date            | Description  | Grade                   | Start / Map Ref.   | Leader                               |
|-----------------|--|-------------------------|--|--------------------------------------|
| <b>January</b>  |  |                         |  |                                      |
| 2nd             | Stepping Stone Walk<br>Erwood Station to Llanstephan Br.   | Easy<br>4 miles         | Meet at Erwood Craft Centre Exp 118 Grid<br>Ref SO-089439 at 2.00pm  | Joan<br>01597 824866                 |
| 7th             | Lake Llandrindod Wells, Shaky<br>Bridge, Alpine Bridge, & Noyadd.  | Easy<br>8 miles         | Meet at The Lake Llandrindod Wells Map<br>200 Grid Ref SO-062606 at 10am   | Ann & Vic<br>01597 829363            |
| 13th            | Post Christmas Meal jointly with<br>Radnor Ramblers  |                         | Herb Garden, Llandrindod Wells<br>7pm for 7.30   | Rosemary &<br>Ian<br>01597 851710    |
| 21st            | Llanfan to Comin-y-garth, Coed-y-<br>ciliau Woods and Irfon Forest.  | Moderate<br>9.5 miles   | *A470 Newbridge on Wye School CP at<br>9:40 or B4358 roadside verge near<br>Llanafan Grid Ref SO968 556 at 10am                              | Derek<br>01597 860519                |
| <b>February</b> |  |                         |  |                                      |
| 4th             | Hardwicke to Little Mountain,<br>across to Arthur's Stone & back to<br>cars via Middlewood   | Moderate<br>10.5 miles  | *A481 Llanelwedd Ind Est SO 055517 at<br>9-00 am or C.P. in Hardwicke Map OL 13<br>Grid Ref SO-264439 at 10am.                               | Robin<br>01597 825861                |
| 6th             | Stepping Stone Walk<br>Elan Valley Circular  | Easy<br>4 miles         | Meet at the Elan Valley Vistors Centre Exp<br>200 Grid Ref SN-928646 at 2.00pm<br>( £1.00 Parking charge)                                    | Joan<br>01597 824866                 |
| 18th            | Wapley Hill Fort   | Moderate<br>7 miles     | *A44 Knills Garage Grid Ref SO-089649 at<br>9.15 or Wapley Hill Fort Car Park<br>Grid Ref SO-358622  | Philip<br>01874 625278               |
| <b>March</b>    |  |                         |  |                                      |
| 3rd             | Hay Bluff, Black Hill and Craswell.  | Moderate<br>10 miles    | *A481 Llanelwedd Ind Est SO 055517 at<br>9am or Stone Circle C.P.(Hay Bluff)<br>Map OL13 Grid Ref SO-239373 at 10am                          | Chris P<br>01497 820074              |
| 5th             | Stepping Stone Walk<br>Builth Town Circular  | Easy<br>4 miles         | Meet at the Gro C.P. Exp118 Grid Ref<br>SO-041511 at 2.00pm (Parking Charge)   | Joan<br>01597 824866                 |
| 17th            | Wye Valley Walk up to Trembyd &<br>Rhos Cilcolgwm, Fron Las Wern<br>Coed and Pen y Rhiw  | Moderate<br>8 miles     | Parking on road verge at<br>Map 200 Grid Ref SO-008588 near<br>Newbridge-on-Wye  | Chris J<br>01591 620248              |
| 31st            | Glascwm Hill by Allt Dderw,<br>Bryngwyn & Colva  | Moderate<br>11/12 miles | *Hundred House car park<br>Map 200 Grid Ref SO-112544 at 09-30 am<br>or grass verge just after Glascwm Map 200<br>Grid Ref SO-174532 at 10am | Geraldine &<br>Peter<br>01982 570482 |
| <b>April</b>    |  |                         |  |                                      |
| 2nd             | Stepping Stone Walk<br>Llandrindod Golf Course   | Easy<br>4 miles         | Meet at The Lake Llandrindod Wells Map<br>200 Grid Ref SO-062606 at 2.00pm   | Joan<br>01597 824866                 |
| 14th            | Carmarthen Fans, Llyn Y Fan<br>Fach Round.   | Energetic<br>9 miles    | *A481 Newbridge on Wye School C.P. Grid<br>Ref SO-016580 at 8-45am or<br>Map OL12 Grid Ref SN-799238 at 10am                                 | Barbara &<br>Brian<br>01597 860174   |
| 28th            | Llyn Heilyn to Colva Hill and a<br>different way back.   | 10/11 miles<br>Moderate | *A481 Llanelwedd Ind Est SO 055517 at<br>9-30 am or Llyn Heilyn Map 200<br>Grid Ref SO-165582 at 10am  | Rosemary &<br>Ian<br>01597 851710    |
| <b>May</b>      |  |                         |  |                                      |
| 4th to 7th      | Group weekend away on Anglesey to celebrate the official opening of the All Wales Coast Path.<br>More details from Derek or Robin. |                         |  |                                      |

New members and visitors are always welcome, regular walkers are encouraged to join the Ramblers  
For further information on a particular walk phone the leader as shown above.

For general information phone: Derek Cosslett 01597 860519

For "Stepping Stone Walks", easy walks for those new to walking: phone Joan Annetts 01597 824866

### Notes

All walks start at 10.00am (except where otherwise stated).

1. Wherever possible car share!
2. \* Indicates a local meeting point with car sharing to start of walk.
3. The leader has the right to alter or postpone a walk if weather conditions are unsuitable.
4. Please come suitably clad with walking boots or stout shoes, warm clothing and waterproofs.
5. Please bring food and a warm drink.
6. Everyone Welcome, but no dogs please.

### Grading of Walks

**Easy:** taking it an easy pace; for any level of walker

**Moderate:** some ascent involved; steady pace

**Energetic:** some steep ascents; reasonable level of fitness required

**Strenuous:** several steep ascents; good level of fitness required

### Stepping Stones walks

take less than half a day of your time

help you progress from very short, easy walks

give you the chance to make new walking friends

will help keep you fit

Walking is friendly, fun and free.